

Health Care and Promotion Fund Public Events of Funded Projects

Date	Time	Name of Event	Description	Venue	Organiser	Project No.	Enquiry (Tel No. and Website)
9/2010 – 5/2012	2-session workshop, 1 hour and 30 minutes for each session	Food labeling and self management in primary care patient with hypertension workshop	Registered dietitian will talk about knowledge of blood pressure, comparing nutrition content of different foods, designing health recipe, tips on eating out, supermarket shopping simulation and more.	Venue to be notified upon enquiry	The Chinese University of Hong Kong – The School of Public Health and Primary Care	22080514	Tel: 2252 8745 (Mr. Lai) marcuslai@cuhk.edu.hk
11/9/2011	9:00 – 16:30	“A Healthy life” Family Day Camp	To identify the sources of stress, share different methods about how to reduce and cope with stress in daily life.	Steven Lo Kit Sing Pak Tam Chung Holiday Camp	H.K.S.K.H. Lady MacLehose Centre	23090124	2423 5045 http://www.skhlmc.org