

Health Care and Promotion Fund Public Events of Funded Projects

| Date | Time | Name of Event | Description | Venue | Organiser | Project No. | Enquiry (Tel No. and Website) |
|-------------------------|--------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------|---------------------------------------------------------|
| 1/5/2009 – 1/3/2011 | 10pm-1am (Every Tuesday, Thursday and Sunday) | Healthy LineStyle: An Internet Sexual Health Outreach program targeted at vulnerable in Hong Kong | Our trained outreach worker will access to MSN and three Internet forums to instantly answer youth enquiries on sexual health and relationship issues. | Internet platforms which include: MSN: on9sch@hotmail.com Discussion Forums: Uwants/ 3boys2girls/AK Zone | AIDS Concern (Youth Program) | 22080254 | 2898-4411 (Ms Neda Ng) www.aidsconcern .org.hk |
| 1/5/2009 – 1/3/2011 | 3 hours per workshop | Media and Sex Workshop targeted at vulnerable in Hong Kong | Built upon the media literacy education model, this workshop will equip the youth with critical mindsets in reflecting their own sexual values. Interactive games and media materials close-reading exercises will be conducted. | All youth service organizations are welcome. Venue will be arranged upon request. | AIDS Concern (Youth Program) | 22080254 | 2898-4411 (Ms Neda Ng) www.aidsconcern .org.hk |
| 1/5/2009 – 30/6/2010 | 3 hours per tour (30 tours in total) | Seeing Heart 180 – Youth Mental Health Project: “We are the Same” Interactive Learning in Eco-Tour | Through participating in green activities, mental health mini-talk and sharing with people with psychiatric disability, teenagers are inspired to think about mental health in new perspectives. | New Life Interactive Farm | New Life Psychiatric Rehabilitation Association and Psychology Department, CUHK | 22080114 | 23324343 www.nlpra.org.hk |
| 8/2009 – 1/2010 | 14:30 – 16:00pm | Women montly gathering | Women will continue to learn the health Knowledge and caring tips on how to Take care, of their man in the monthly gathering Besides wisdom sharing is highly encouraged among the woman to discuss the difficulties on monitoring the health Progress of their man | 22 Wo Yi Hop Road, Kwai Chung, New Territories G/F, 127-144 On Tao House, Cheung On Estate, Tsing Yi, N.T. Light and Love Home Kwai Fong Social Centre for the Elderly G/F, Wing C, Kwai Ming House, Kwai Fong Estate, Kwai Chung, N.T. | HKSKH Lady MacLehose Centre | 21070134 | 2423 5489 |

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| 8/2009 – 1/2010 | 14:30-15:30pm | “Healthy Men” Program | Provide the following activities to those men who willing to concern their health: Health Consultation and a basic health check up 5 training sessions of how to keep healthier | 22 Wo Yi Hop Road, Kwai Chung, New Territories Light and Love Home Kwai Fong Social Centre for the Elderly G/F, Wing C, Kwai Ming House, Kwai Fong Estate, Kwai Chung, N.T. | HKSKH Lady MacLehose Centre | 21070134 | 2423 5489 |
| 1/9/2009 – 30/6/2010 | 6 weeks per club (8 clubs in total) | Seeing Heart 180 – Youth Mental Health Project: Health Link Green Club | Secondary school students can learn to achieve better mental health through organic planting activities. They will also launch promotional events for their school or the public on positive mental health and social inclusion. | Schools | New Life Psychiatric Rehabilitation Association and Psychology Department, the Chinese University of Hong Kong | 22080114 | 23324343 www.nlpra.org.hk |
| 19/1/2010 | 10:00-11:30am | To be fit or not too fit? Project: Innovations in Health and Wellness: A Fitness and Nutrition Programme for Special Needs Children” | A health and fitness workshop for parents to understand how they can help their children to develop healthy diet and be physically fit. | Watchdog Early Learning Centre, 4, Jordan Rd, Kowloon. | Watchdog Early Learning Centre (Jordan) | 23779666 | 23779666 |
| 31/1/2010 | 9:00am-12:30pm | Hike for Health— The 1st Hong Kong Psychiatric Rehabilitation Organizations Hiking Competition | To promote the benefits of hiking activity to persons recovering from mental illness through hiking competition. Category: Explorer (3.5Km); Challenger(7Km) Quota: 120 Teams (Each team is composed of 2—4 persons with at least 1 person who is recovering from mental illness). | Aberdeen Country Park | Fu Hong Society | 22080024 | 2214-2556 Ms. Heidi Kwok http://www.fuhong.org/events/2010/hiking/ |

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