

**Phase 1 of Mental Health Initiatives Funding Scheme  
List of approved projects**

No.	Grantee	Head office/Tertiary institution/Faculty (if any)	Name of project	Area of service				Project duration (in months)	Project period	
				Lay leader in community	Carer support	IT support for the elderly	Others		From (dd/MM/YYYY)	To (dd/MM/YYYY)
1	The Hong Kong Society for the Aged	-	SAGE Connect			√		24	1/4/2022	31/3/2024
2	The Boys' Brigade, Hong Kong	-	"SOUL-Searching" Teenagers Growth Scheme	√				24	1/3/2022	29/2/2024
3	Action For REACH OUT	-	Walk with YOU – Holistic mental health support services		√			24	1/7/2022	30/6/2024
4	The Samaritans	-	School-based Mental Health Enhancement Programme	√			Enhancement of youth mental wellbeing	24	1/10/2022	30/9/2024
5	Family Energy	The Hong Kong Student Aid Society Limited	Positive Life Self-learning Project		√			24	1/4/2022	31/3/2024
6	Island Hostel	The Hong Kong Student Aid Society Limited	"Life with Love" – Personal Development Programme				Support for children & adolescent from families with mental health needs	24	1/4/2022	31/3/2024
7	Alliance of Ex-Mentally Ill of Hong Kong	-	Mind Ears Fun Project – hear me, heal me	√				12	14/3/2022	13/3/2023
8	Pok Oi Hospital	-	"Better o Together" – Carer Support Program		√			24	1/4/2022	31/3/2024
9	Hong Kong Lutheran Social Service - Day Care Centre for the Elderly, Elderly Home Division	Hong Kong Lutheran Social Service, The Lutheran Church - Hong Kong Synod Limited	Elderly "Interest-net" Express			√		12	1/5/2022	30/4/2023
10	Christian Family Service Centre (Children & Family Services)	Christian Family Service Centre	Hands Holding Hands - Parent mentoring scheme	√				12	1/4/2022	31/3/2023
11	The Chinese Rhenish Church Hong Kong Synod	-	Smart Net with you			√		18	1/4/2022	30/9/2023
12	Tuen Mun District Women's Association Limited	-	Visions and Wisdom-ICT Training Program for the Elderly			√		24	1/3/2022	29/2/2024

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13	Caritas Jockey Club Integrated Service for Young People - Tuen Mum	Caritas - Hong Kong	Project SUM	√				20	1/6/2022	31/1/2024
14	Christian Family Service Centre (Youth and Education Services)	Christian Family Service Centre	ART For Fun-Carer Supporting Scheme		√			12	1/4/2022	31/3/2023
15	Caritas District Youth Outreaching Social Work Team - Southern	Caritas - Hong Kong	Resilience & Sports Mental Health Programme		√		Support for high-risk youth	24	1/2/2022	31/1/2024
16	Pentecostal Church of Hong Kong	-	"Stand by You"- Mental Health training and promotion project for Lay Leaders in Community	√				24	1/4/2022	31/3/2024
17	Richmond Fellowship of Hong Kong	-	"Family League" Caregiver Support Project		√			24	1/4/2022	31/3/2024
18	Christian Family Service Centre - Mental Health Services	Christian Family Service Centre	"Tough Times Together" Mindful Self-Compassion Project for Carer		√			12	1/4/2022	31/3/2023
19	Tung Wah College	-	Digital Buddy: Digital Inclusion for the Elderly			√		24	1/4/2022	31/3/2024
20	The Zubin Mahtani Gidumal Foundation Limited	-	Ethnic Minority Well-being Ambassador Programme	√				12	1/8/2022	31/7/2023
21	YWCA Jockey Club Y Evergreen Learning Centre	Hong Kong Young Women's Christian Association	Digital Elderly Mental Health Promotion Project	√		√		12	1/2/2022	31/1/2023
22	Tin Shui Wai Community Development Network	-	Carer Supporting Scheme of Tin Shui Wai and Yuen Long		√			24	1/3/2022	29/2/2024
23	Concord Mutual-Aid Club Alliance	-	M.I Survivor Supportive Program	√	√			24	1/2/2022	31/1/2024
24	Sai Wan Social Centre for the Elderly	Hong Kong Young Women's Christian Association	Intergenerational Virtual Centre for Sai Wan Elderly			√		12	1/4/2022	31/3/2023
25	Amity Place (Kwun Tong North)	The Mental Health Association of Hong Kong	("Take IT Easy" IT and Mental Health Support for Elderly			√		24	1/4/2022	31/3/2024

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26	The Hong Kong University of Science and Technology	-	Preparing and Deploying Ethnic Minority Lay Leaders to Promote Mental Well-Being Among Hong Kong's Major Ethnic Minority Communities	√				24	1/4/2022	31/3/2024
27	Division of Community Education	The Mental Health Association of Hong Kong	Why we need Youth Mental Health First Aid?	√				21	1/4/2022	31/12/2023
28	Choi Wan Hostel	The Mental Health Association of Hong Kong	Carer Companionship Project		√			24	1/4/2022	31/3/2024
29	Integrated Centre for Wellbeing (I-WELL)	The Education University of Hong Kong	Gear Up! Be Mentally Smart Project	√				24	16/3/2022	15/3/2024
30	Resource & Service Centre for the Relatives of Ex-mentally Ill People	Baptist Oi Kwan Social Service	《Carers Get Along》— Carers peer support service program	√	√			24	1/4/2022	31/3/2024
31	Senior Citizen Home Safety Association	-	Flight With You		√			12	1/7/2022	30/6/2023
32	Integrated Mental Health Services	Baptist Oi Kwan Social Service	Project C for Mental Wellness	√	√			24	1/4/2022	31/3/2024
33	Integrated Community Centre for Mental Wellness	Baptist Oi Kwan Social Service	Mental Health and Money Fitness Coaching Scheme	√		√		24	1/4/2022	31/3/2024
34	Yang Memorial Methodist Social Service	-	LIGHT Community Carers Zone	√	√			24	1/4/2022	31/3/2024
35	Hong Kong PHAB Association – Counselling Services	Hong Kong PHAB Association	WeCare Community Support Project	√	√			24	1/4/2022	31/3/2024
36	Hong Kong PHAB Association – Youth Services	Hong Kong PHAB Association	Project of Promoting Community Wellness	√				24	1/3/2022	29/2/2024

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37	Department of Social Work	Faculty of Social Sciences Hong Kong Shue Yan University	Transformative and Resilient Youth (TRY) Gym: A Proactive and Co-creative Mental Health Training Programme	√				12	1/4/2022	31/3/2023
38	Tung Wah Group of Hospitals Elderly Services	Tung Wah Group of Hospitals	Carers' Journey		√			24	1/7/2022	30/6/2024
39	Yan Chai Hospital Rehabilitation Service	Yan Chai Hospital Social Services Department	Follow Your "H.E.A.R.T" -- Carer Support Project		√			18	1/4/2022	30/9/2023
40	Yan Chai Hospital Social Services Department Elderly Community Support and Care Services	Yan Chai Hospital Social Services Department	Mindful Connect		√			12	1/4/2022	31/3/2023
41	Evangelical Lutheran Church Social Service - Hong Kong - ELCHK, Kwai Chung District Support Centre	Evangelical Lutheran Church Social Service - Hong Kong	" Stand By Me" Carer Support Programme		√			18	1/4/2022	30/9/2023
42	Allied Health Services, Yan Chai Hospital Social Services Department	Yan Chai Hospital Social Services Department	WELLNESS Mind Journey @ Yan Chai Tsuen Wan Project	√				24	1/4/2022	31/3/2024
43	The Wellness Centre, New Life Psychiatric Rehabilitation Association	New Life Psychiatric Rehabilitation Association	Mental Wellness "Lay Leader" Training and Promotion Project – Mental Wellness in Action (NewLife x EdUHK)	√				24	1/4/2022	31/3/2024
44	Clinical Psychological Services, New Life Psychiatric Rehabilitation Association	New Life Psychiatric Rehabilitation Association	Emotional Fitness Intervention To all (eFIT) Psychoeducation Program	√				24	1/4/2022	31/3/2024
45	The Chinese University of Hong Kong	Faculty of Medicine	A mobile-phone-based intervention for caregivers of adolescents – empowerment through mindfulness-based and empathy-guided continuous learning and support programme		√			24	1/4/2022	31/3/2024
46	Family Support Services, New Life Psychiatric Rehabilitation Association	New Life Psychiatric Rehabilitation Association	"Family Fan" Training and Support Services Scheme		√			24	1/4/2022	31/3/2024

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47	Methodist Epworth Village Community Centre Social Welfare	-	Buddy - Create Happiness Lab	√				24	1/4/2022	31/3/2024
48	Hong Kong Chinese Women's Club - Elderly Care Services	Hong Kong Chinese Women's Club	"COMPANION-SHIP" Creative Arts Navigating Project	√				24	15/2/2022	14/2/2024
49	H.K.S.K.H. Tuen Mun Integrated Community Centre for Mental Wellness - The Club	Hong Kong Sheng Kung Hui Welfare Council Limited	Souffle Tuen Muners	√				24	1/4/2022	31/3/2024
50	Hong Chi Lam Tin Centre	Hong Chi Association	"My Companion" Caregiver Supporting Program		√			9	1/2/2022	31/10/2022
51	Joyful (Mental Health) Foundation	-	"Hear with Heart" Workplace Mental Leaders Training Programme	√				12	1/4/2022	31/3/2023
52	The Hong Kong Federation of Youth Groups Jockey Club Tseung Kwan O Youth S.P.O.T.	The Hong Kong Federation of Youth Groups	'Good Go Chat' Digital Supportive Scheme	√	√	√		24	1/7/2022	30/6/2024
53	HKFYG Wellness PLUS	The Hong Kong Federation of Youth Groups	Recharge Usself- Early Identification and Intervention for Young Carers)	√	√			18	1/4/2022	30/9/2023
54	Hong Kong Lutheran Social Service, The Lutheran Church - Hong Kong Synod (Elderly Centre Division)	Hong Kong Lutheran Social Service, The Lutheran Church - Hong Kong Synod Limited	Restoration of Values & Dignity in elderly with Dementia	√				24	1/4/2022	31/3/2024
55	Centre for Suicide Research and Prevention	Faculty of Social Sciences, The University of Hong Kong	Developing Student Leadership in School Mental Health Promotion and Suicide Prevention	√				24	1/2/2022	31/1/2024
56	Hong Kong Playground Association - Mongkok Integrated Service Centre for Children & Youth	Hong Kong Playground Association	Link 4 Love			√		12	1/4/2022	31/3/2023
57	Chan Dang Social Services Foundation - Kowloon City CareAge Nurse Centre	Community CareAge Foundation Limited	"Stand by you" –Carer Empowerment Program		√			18	1/3/2022	31/8/2023

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58	Sai Kung District Community Centre Limited	-	Care yourself – A Sai Kung rural specific carer support program		√			12	1/4/2022	31/3/2023
59	Hong Kong Single Parents Association	-	Mental health of single parents, we concern! we care!	√				15	1/4/2022	30/6/2023
60	Yan Oi Tong Limited	-	Supporting informal caregivers in care of dementia elderly under the new normal		√			24	1/4/2022	31/3/2024
61	The Society of Rehabilitation and Crime Prevention, Hong Kong - Vitality Place	The Society of Rehabilitation and Crime Prevention, Hong Kong	Project IT ELF (IT Elderly Live Flourishing)			√		24	14/3/2022	13/3/2024
62	People Service Centre Limited	-	“Together” Support for Carer and Children living in sub-divided Units		√			24	1/2/2022	31/1/2024
63	Hong Kong Women Development Association Limited	-	【Love o Sunny Day】 Project	√	√	√		24	1/4/2022	31/3/2024
64	Methodist Southern Centre for the Elderly (Continuing Education Centre)	Methodist Centre	Mood Creation through Art Project	√	√			18	1/4/2022	30/9/2023
65	Hong Kong Family Welfare Society	-	Smiley Activation Project – Emotional Health Support Service		√		Support for older persons suffering from depressive mood	24	1/4/2022	31/3/2024
66	Tai Po Baptist Church Social Service	-	Fly high and thrive: Tai Po Mental Health Community - wide Project	√				24	1/4/2022	31/3/2024
67	The Society of Rehabilitation and Crime Prevention, Hong Kong - Ethnic Minority & Health Education Service	The Society of Rehabilitation and Crime Prevention, Hong Kong	Project YUWA- Ethnic Minorites Youth for Unity and Wellness Awareness	√				24	1/4/2022	31/3/2024
68	CNEC Kei Shek Social Service Centre Limited	-	Light Up My Life Carer Support Scheme		√			24	1/2/2022	31/1/2024

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69	Variety – the Children’s Charity Hong Kong Limited	-	Variety Butterfly Program Plus				Psychiatric treatment for underprivileged children & adolescents with oppositional defiant disorder, depression and/or anxiety	24	1/3/2022	29/2/2024
70	Hong Kong Association for AD/HD Limited	-	‘Walk with Me’ – AD/HD Carer Support Programme		√			24	1/4/2022	31/3/2024

(Updated version: 29 March 2022)