Service Brief on Clinical Genetic Service

Abbreviation: CGS

Objective: The CGS provides comprehensive genetic service on a territory wide basis with a primary role in genetic diagnosis, counselling and prevention.

Programme:

A. Genetic Counselling Clinic

Diagnoses are made after clinical history taking, physical examination, pedigree analysis and diagnostic investigation (including cytogenetic, biochemical genetic and molecular genetic studies). Counselling including information on aetiology and natural course of the disease and the estimated recurrence risk is given to help parents make informed decisions on family planning. Expectant mothers will be referred to receive prenatal diagnostic investigations (ultrasonogram, amniocentesis, chorionic villi sampling) to make early diagnosis of genetic diseases possible.

B. Genetic Neonatal Screening

The Neonatal Screening Programme screens for glucose-6-phosphate dehydrogenase deficiency and congenital hypothyroidism for all new-born babies delivered at the hospitals under the Hospital Authority (excluding the Queen Mary Hospital and Tsan Yuk Hospital which have their own screening programs) or government maternity homes. The service is provided free of charge.

Staffing:

<table>
<thead>
<tr>
<th>Position</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Consultant</td>
<td>1</td>
</tr>
<tr>
<td>Senior Medical Officer</td>
<td>2</td>
</tr>
<tr>
<td>Medical Officer</td>
<td>3</td>
</tr>
<tr>
<td>Nursing Officer</td>
<td>2</td>
</tr>
<tr>
<td>Scientific Officer (Medical)</td>
<td>1</td>
</tr>
<tr>
<td>Senior Medical Technologist</td>
<td>1</td>
</tr>
<tr>
<td>Medical Technologist</td>
<td>1</td>
</tr>
<tr>
<td>Medical Laboratory Technician I</td>
<td>1</td>
</tr>
<tr>
<td>Medical Laboratory Technician II</td>
<td>4</td>
</tr>
<tr>
<td>Personal Secretary I</td>
<td>1</td>
</tr>
<tr>
<td>Assistant Clerical Officer</td>
<td>1</td>
</tr>
<tr>
<td>Clerical Assistant</td>
<td>2</td>
</tr>
<tr>
<td>Photographer I</td>
<td>1</td>
</tr>
<tr>
<td>Laboratory Attendant</td>
<td>1</td>
</tr>
<tr>
<td>Workman II</td>
<td>1</td>
</tr>
</tbody>
</table>
Referral Channel:

A. Genetic Counselling Clinic - Accepts referrals from medical practitioners only.

B. Genetic Neonatal Screening - Not required.

Admission Criteria:

A. Genetic Counselling Clinic

Any person having a family history of the following conditions may attend the clinic -

- any genetic-related disorders;
- multiple congenital anomaly syndromes;
- mental retardation of unknown cause;
- recurrent abortion of unknown cause;
- suspected sex chromosomal disorders including primary infertility in man and primary amenorrhoea in females; or
- advanced maternal age (over 35 years old).

B. Genetic Neonatal Screening - Nil.
Service Brief on Maternal and Child Health Centre

Abbreviation: MCHC

Objective: MCHCs provide an easily accessible and comprehensive range of promotive and preventive health services for women of childbearing age and children from birth to five years old. The service covers three main areas, namely child health, maternal health and family planning.

Programme:

1. Health education on various aspects of child care, maternal health and family planning through individual counselling, demonstration, health talks, slide shows, video shows, or workshops;
2. immunisation programme to protect infants and children from childhood infectious diseases including tuberculosis, poliomyelitis, diphtheria, whooping cough, tetanus, hepatitis B, measles, mumps and rubella;
3. Comprehensive Observation Scheme with screening tests at three key ages - ten weeks, nine months and three years - to assess gross motor and fine manipulation development, vision, hearing, speech and behaviour adaptability, to detect developmental abnormalities early, thus to initiate early remedial treatment and increase the chance of rehabilitation;
4. physical examination for children at first visit, at two years and five years of age to detect any abnormalities early;
5. antenatal service to expectant mothers and postnatal service;
6. family planning service with counselling on contraception and infertility; and
7. cervical cytology screening service for early detection of cervical cancer.

Staffing: The range for each rank of staff per MCHC is -

- Medical Officer: 1 to 3
- Nursing Officer: 1 to 4
- Registered Nurse: 1 to 10
- Enrolled Nurse: 0 to 4
- Midwife: 0 to 2
- Clerical Assistant: 1 to 5
- Workman II: 1 to 5

Referral Channel: The service is open to the public and no referral is needed.

Admission Criteria:

1. All children aged under six are eligible for the child health service.
2. All women are welcome to come for antenatal, postnatal, family planning or cervical cytology screening services according to their need.
3. All are welcome to the health education activities in MCHCs.
Service Brief on Student Health Service

Abbreviation: SHS

Objective: The SHS aims to safeguard both the physical and psychological health of school children through comprehensive, promotive and preventive health programmes, and to enable them to gain the maximum benefit from the education system and develop their full potential.

Programme: Enrolled students will be given an annual appointment to attend a student health service centre for a series of health services designed to cater for the health needs at various stages of their development. Such services include physical examination, screening for health problems related to growth, nutrition, blood pressure, vision, hearing, spine, sexual development, psychological health and behaviour, individual counselling and health education. Students found to have health problems will be referred to the special assessment centre or specialist clinics for detailed assessment and follow-up.

Staffing: The range of each rank of staff at a student health service centre is as follow -

- Medical Officer: 1 to 2
- Nursing Officer: 2
- Registered Nurse: 3 to 5
- Enrolled Nurse: 3 to 4
- Assistant Clerical Officer/Clerical Assistant: 1/3 to 1/2
- Workman II: 3 to 4

Referral Channel: The Service is provided free of charge to all Primary One to Secondary Seven day school students. Students can enrol through their schools at the beginning of each school year in September. Enrolled students will be given an annual appointment for health visit at a designated student health service centre.

Admission Criteria: Primary One to Secondary Seven day school students.
Service Brief on Woman Health Service

Abbreviation: WHS

Objective: The WHS provides a comprehensive range of health promotion and disease prevention services to women aged 45-64, so as to enable them to avoid sickness and to facilitate early detection and treatment if they fall ill. With health promotion coupled with programmes for screening and early treatment of targeted diseases, it is expected that the morbidity and mortality due to such would be reduced.

Programme: The WHS, being provided in woman health centres under the Department of Health, comprises the following services -

1. health education and counselling on healthy lifestyle practices, prevention of cancer, menopause and osteoporosis; and
2. screening service directed towards prevalent diseases, such as cervical cancer, breast cancer, hypertension and diabetes mellitus, in the form of general physical check-up, gynaecological examination, simple laboratory tests, cervical cytology screening and, if indicated, mammography.

Staffing: Notional staffing for a standard woman health centre is as follows -

- Medical Officer 1
- Nursing Officer 1
- Registered Nurse 2
- Clerical Assistant 2
- Workman II 2
- Radiographer I 1
- Darkroom Technician 1

Referral Channel: The service is open to the public and no referral is needed.

Admission Criteria:

1. Women aged between 45 and 64 may come for individual health counselling, physical check-up and cervical cancer screening services. Women aged 50 or above may receive the mammography service.
2. All are welcome to the health education activities in woman health centres.
Service Brief on the New Elderly Health Services Launched in July 1998

**Abbreviation:** EHS

**Objective:** The EHS aim to provide quality primary health care services for promoting the health of the elderly population.

**Programme:**

A. **Elderly Health Centres**

To provide physical check up and health assessment, counselling and curative treatment as well as health promotion and education through elderly health centres.

B. **Visiting Health Teams**

To provide health promotion and disease prevention programmes to the elderly, formal and informal carers, and home-helpers.

**Staffing:** Elderly health centres and visiting health teams are staffed with medical and nursing staff and supported by clerical and workmen. They are also supported by allied health staff such as clinical psychologist, dietician, occupational therapist, physiotherapist and chiropodist.

**Referral Channel:** No referral is needed.

**Admission Criteria:**

A. **Elderly Health Centres** - Persons aged 65 or above.

B. **Visiting Health Teams** - Nil.
Service Brief on Central Health Education Unit

**Abbreviation:** CHEU

**Objective:** The CHEU under the Department of Health was established in January 1978 with a view to -

1. providing professional advice on health education to government departments and other organisations which are interested in carrying out health education activities;
2. co-ordinating and developing health promotion activities within and outside the Department of Health through inter-sectoral collaboration and community participation; and
3. serving as a resource centre on health education materials.

**Programme:** The CHEU offers the following services -

1. professional advice to government departments and other organisations;
2. health education resource production;
3. training of health promoters; and
4. health education direct to the public.

**Staffing:** The establishment of the CHEU is as follow -

<table>
<thead>
<tr>
<th>Position</th>
<th>Number</th>
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<tbody>
<tr>
<td>Senior Medical Officer</td>
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<tr>
<td>Medical Officer</td>
<td>3</td>
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<tr>
<td>Nursing Officer</td>
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</tr>
<tr>
<td>Registered Nurse</td>
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</tr>
<tr>
<td>Enrolled Nurse</td>
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</tr>
<tr>
<td>Executive Officer</td>
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<tr>
<td>Supplies Supervisor I</td>
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<tr>
<td>Clerical Officer</td>
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</tr>
<tr>
<td>Assistant Clerical Officer</td>
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</tr>
<tr>
<td>Clerical Assistant</td>
<td>5</td>
</tr>
<tr>
<td>Office Assistant</td>
<td>4</td>
</tr>
<tr>
<td>Workman II</td>
<td>7</td>
</tr>
<tr>
<td>Motor Driver</td>
<td>1</td>
</tr>
</tbody>
</table>

**Admission Criteria:** Nil.